

EXCLUSIVELY AT



BODYBUILDING.COM



PRE-WORKOUT

# WRECKAGE™

**NO** PROPRIETARY BLENDS

**6g** CITRULLINE MALATE

**4g** L-LEUCINE

**3g** D-ASPARTIC ACID

DIETARY SUPPLEMENT  
NET WT. 418 G (14.74 OZ)



WATERMELON  
NATURAL & ARTIFICIAL FLAVORS

## HOW HARDCORE ARE YOU?™

This is no average pre-workout. Pre-Workout Wreckage™ is the most advanced, most hard-hitting pre-workout and is packed with only the best ingredients. No BS “proprietary blends” here. This is the answer to getting through even the most grueling of workouts. Pre-Workout Wreckage™ allows you to push limits that would break the average person and those who look for a way out because it's too hard. Welcome to the hardcore lifestyle

## ARE YOU READY?



**ALLERGEN WARNING:** This product was produced in a facility that may also process ingredients containing milk, egg, soybeans, shellfish, fish, tree nuts, wheat and peanuts.

**STORAGE CONDITIONS:** Store at room temperature.

**WARNING:** For healthy adults 18 years of age or older ONLY. Consult with Physician, if using prescription or over the counter medications, or have pre-existing conditions like: high/low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, prostate enlargement/urination issues; or if taking a Monoamine Oxidase Inhibitor or erectile dysfunction medication. Discontinue use 2 weeks prior to surgery. In case of adverse reactions, discontinue immediately and consult health professional. Contains caffeine. Do not use with caffeine/stimulants; alcohol, nitrates, under extreme conditions of heat, sleep deprivation or dehydration. Do not exceed recommended serving or use if safety seal is broken. KEEP OUT OF REACH OF CHILDREN.

**SUGGESTED USE:** Mix one scoop (20.9 g) of Pre-Workout Wreckage™ in 12-14oz. of water 20-30 minutes before training.\*

### Supplement Facts

Serving Size: 1 Scoop (20.9 g)  
Servings Per Container: 20

	Amount Per Serving	% DV*
Calories	5	
Total Carbohydrate	1 g	<1%
Vitamin C (as Ascorbic Acid)	250 mg	417%
Vitamin D (as Cholecalciferol)	400 IU	100%
Vitamin B3 (as Niacin)	25 mg	125%
Vitamin B6 (as Pyridoxine Hydrochloride)	20 mg	1000%
Vitamin B12 (as Methylcobalamin)	90 mcg	1500%
Calcium (as Calcium Silicate)	94 mg	10%
Magnesium (as Magnesium D-Aspartic Acid)	260 mg	65%
L-Citrulline DL-Malate	6 g	†
L-Leucine	4 g	†
D-Aspartic Acid (DAA)	3 g	†
Creatine Hydrochloride (HCl)	2 g	†
CarnoSyn® Beta-Alanine	1.6 g	†
L-Tyrosine	1.2 g	†
Agmatine Sulfate	500 mg	†
Caffeine Anhydrous	350 mg	†
Phosphatidylserine	125 mg	†
BioPerine® Black Pepper ( <i>Piper Nigrum</i> ) Fruit Extract	5 mg	†
Hyperzine A ( <i>Huperzia Serrata</i> )(Whole Herb) Powder	100 mcg	†

\*Percent Daily Value Based on a 2,000 Calorie Diet  
†Daily Value Not Established

**Other Ingredients:** Natural & Artificial Flavors, Sucralose, Acesulfame Potassium, Silicon Dioxide, Red Beet Root Juice Powder (for color)

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Exclusively Developed & Manufactured For: **MusclePharm® Corp.**  
4721 Ironton St. Bldg. A,  
Denver, CO 80239 USA  
Made in a cGMP Certified Facility.  
Packaged in USA.

